

BREAKFAST

SANDWICH PLATTERS

\$7/ea

Served on a house-made roll

- Bacon, egg* and cheese
- Sausage, egg* and cheese
- Ham, egg* and cheese
- Egg* and cheese

minimum of 5 per sandwich

FAMILY STYLE BREAKFAST

\$12/serv

Scrambled eggs*, home fries, white & wheat toast, fruit salad and choice of 2 meats (bacon, turkey bacon, turkey sausage)

AVO TOAST CROSTINIS (V)

\$18/doz

toasted baguette with avocado, tomato & everything bagel seasoning

QUICHE*

9"/\$25

- Spinach, tomato & asiago
- Spinach, bacon & asiago
- Spinach, ham & asiago

ADD-ONS

Homefries Family Style \$3/serv
Seasonal Fruit Salad or Cups \$4/serv

PASTRIES

MUFFINS

Bite-size Standard Size

30pc \$24 15pc \$38
50pc \$40 25pc \$63
70pc \$56 35pc \$88

ASSORTED PASTRIES

assorted muffins, pastries, and danishes

Bite-size Standard Size

16pc \$23 16pc \$40
30pc \$45 30pc \$75
50pc \$75 50pc \$125
75pc \$105 75pc \$188

BAGELS

assorted bagels, cream cheese butter and jam

12pc \$36
24pc \$72
36pc \$108

LUNCH

BOX LUNCHEs

\$17/ea

includes a salad or sandwich, drink, chips and a cookie

SANDWICH PLATTERS

\$36/doz

Assorted finger sandwiches
Minimum 1 doz per sandwich

SALADS

\$4.50/serv

Family style

ADD ONS

Chips \$2/ea
Fruit Salad Family Style \$3/serv
or Cups \$4/serv

SANDWICHES

- **Caesar Wrap**-spinach wrap, chicken*, romaine, parmesan, caesar dressing
- **Turkey Sandwich** - turkey, provolone, apple, onion, tomato, arugula, mayo
- **Mighty Club** - ham, turkey, bacon, lettuce, tomato, mayo
- **BLT** - Bacon, lettuce, tomato, mayo
- **Cucumber** - dill cream cheese, cucumber
- **This Little Piggy** - ham, bacon, onion jam, cheddar, arugula
- **Caprese** - spinach, pesto, tomato, mozzarella, balsamic
- **Veggie Wrap (V)** - spinach wrap, hummus, sweet potato, mushroom, roasted red pepper, corn salsa, avocado, spinach

SALADS

- **Caesar** - romaine, parmesan, croutons, caesar dressing
- **Harvest** - arugula, avocado, strawberries, candied pecans, feta, tomato, red onion, balsamic dressing
- **Green Goddess Cobb** - Mixed greens, avocado, tomato, cucumber, red onion, boiled egg*, bacon, green goddess dressing
- **Apple Pom Jeans** - spinach, feta, apple, candied pecans, pomegranate seeds, avocado, red onion, balsamic dressing

*Consuming raw or undercooked meats, poultry or eggs may increase your risk of foodborne illness

*Please be aware that our food may contain or come into contact with common allergens such as dairy, eggs, wheat, soy, tree nuts, or peanuts. Please let us know if you have any allergies.

DESSERT

COOKIE PLATTER

Minimum 6 per flavor

30pc \$45 / 48pc \$72 / 72pc \$108

- Chocolate Chip
- Snickerdoodles
- Oatmeal
- Scooped Sugar Cookie
- Peanut Butter
- Coconut Macaroons (V)
- French Macarons (+\$0.50ea)
- Biscotti (+\$0.50ea)
- Brownies (+\$0.50ea)
- Custom flavors available upon request

ASSORTED DESSERT PLATTER

Minimum 6 per dessert

30pc \$60 / 48pc \$96 / 72pc \$144

- Mini Cheesecakes
- Cream Puffs
- Cupcakes
- Truffle Cakes
- Fruit Tarts
- Mini Pies
- Lemon Bars

CUPCAKES

Minimum 6 per flavor

Please see cake menu for flavor options

Bite Sized \$1.25/\$0.75 over 24

Standard \$3.50/\$3.00 over 24

PIES & TARTS

9"/\$30

- Fresh Fruit Tart
- Lemon Meringue Pie
- Key Lime Pie
- Pecan Pie
- Apple Crumble Pie
- Blueberry Pie
- Pumpkin
- Custom upon request

CHEESECAKES

Mini 4" \$4 (min 6 per order) / 8" \$30 / 10" \$45

- New York w/ Fruit
- Strawberry
- Chocolate
- Pistachio
- Turtle (+\$10)
- Custom Upon Request

CAKES

Please see cake menu for all flavor & sizing options

DRINKS

BOX O' JOE

\$30/ea

10-12 servings, cups, creamers, stirrers, sugars

BOX O' HOT TEA

\$30/ea

10-12 servings, hot water, assorted tea bags, cups, stirrers, lemons, honey, sugar

BOX O' ICED TEA

\$30/ea

10-12 servings unsweet tea, cups, lemons

*sweet tea available upon request

CANNED SODA

\$2/ea

BOTTLED WATER

\$2/ea

BOTTLED JUICE

\$2/ea

**330 MAIN ST
MIDDLETOWN, CT**

860-344-9646

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**SWEETHARMONYCAFE330
@GMAIL.COM**



**SWEET HARMONY
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**GLUTEN FREE AND VEGAN
REQUESTS CAN BE
ACCOMODATED FOR A SMALL
UPCHARGE. PLEASE CALL FOR
MORE INFORMATION**

**YOU CAN'T
LIVE A FULL
LIFE ON AN
EMPTY
STOMACH**



**CATERING
MENU**