

mid-day munchies

Tuesday-Saturday 11:30-3

Sunday 11:30-1



330 Main Street
Middletown CT
860-344-9646

sammiches & more

includes choice of chips or fruit

❖ triple grilled cheese 9

white or wheat bread, cheddar, american, asiago

add tomato or avocado 50¢

add ham, turkey or bacon \$1

add chicken \$3

❖ blt 9

white or wheat bread, bacon, lettuce, tomato, mayo

add avocado 50¢

❖ turkey pesto melt 10

white or wheat bread, turkey, pesto, provolone, tomato

❖ chicken caprese 12

ciabatta, chicken, mozzarella, tomato, pesto, spinach, balsamic reduction

gettin' figgy with it flatbread 13

flatbread, brie, fig jam, apple, prosciutto, arugula, balsamic reduction

❖ turkey sammich 11

hard roll, turkey, mayo, provolone, arugula, apple, red onion, tomato

❖ mighty club 12

white or wheat bread, ham, turkey, swiss, bacon, lettuce, tomato, mayo

harmony bliss 14

large house-made sesame seed brioche bun, ham, turkey, swiss, provolone, tomato, tossed caesar salad, pesto

❖ chicken caesar wrap 12

spinach wrap, chicken, romaine, parmesan, caesar dressing

❖ veggie wrap 11

spinach wrap, hummus, spinach, avocado, roasted red peppers, sweet potato, mushrooms, house-made corn & black bean salsa

soup, there it is

❖ cup of tomato basil 5

romaine calm

includes choice of chips or fruit

❖ caesar salad 11

chopped romaine, parmesan, croutons, caesar dressing

❖ harvest salad 12

arugula, avocado, strawberries, candied pecans, feta, tomato, balsamic dressing

❖ green goddess cobb 12

chopped romaine, spinach, arugula, avocado, tomato, cucumber, bacon, red onion, hard boiled egg, green goddess dressing

add chicken to any salad \$3

dynamic duos

pick any two! 9

❖ half sammich (white or wheat)

mighty club · turkey · blt

triple grilled cheese · turkey pesto melt

❖ side salad

caesar · harvest · green goddess cobb

❖ cup of tomato basil soup

for the kiddos

10 & under

❖ sammich n' side 8

*half triple grilled cheese · ham & cheese
turkey & cheese · peanut butter & grape jelly*

+

chips or small side of seasonal fruit

standard sides

included free with select meals

chips · seasonal fruit

wanna upgrade?

*swap to a cup of soup
or a side salad for \$3*

be extra